

creativeRoots

FREE Arts and Nature-based Wellbeing Programme for 11-15 year olds

Every Wednesday

10am-12pm

Starting 17 September 2025

@ The Homeland Project, Backwell, North Somerset

Do you work with young people between 11-15 years old resident in the Woodspring area who are vulnerable to or experiencing emotionally-based school refusal (EBSA)?

creativeRoots is a nature-based creative health programme designed to support young people who are facing barriers to their education and wellbeing. Through group and one-to-one work, it will provide access to 6 months of therapeutic arts-based approaches to learning, skill development and personal growth in a pressure-free, relaxing, informal, safe outdoors environment in Backwell, North Somerset.

These sessions are FREE and we will provide all art materials, refreshments, and travel to and from the site. To find out more or to make a referral for a young person, please email Jess Baum jess.creativeshift@gmail.com.