

creative **Roots**

**FREE Arts and Nature-based Wellbeing
Programme for 11-15 year olds**

Wednesdays

10am-12pm

Starting 17 September 2025

Backwell, North Somerset

Struggling with your wellbeing and school?

Do you like **being in nature** and **getting creative**?

Do you want to develop **new skills** and **have fun**?

Join us for 18 relaxed and supportive sessions at The Homeland Project*.

Contact Jess jess.creativeshift@gmail.com to find out more.

*All art materials, refreshment and travel to and from the site provided.