

creative

Roots

FREE Arts and Nature-based Wellbeing
Programme for 11-15 year olds

Wednesdays, 10am-12pm
Starting 16 September 2026
@The Homeland Project, Backwell, North Somerset

Do you work with young people between 11-15 years old resident in the Woodspring area who are facing barriers to their education and wellbeing.

creativeRoots is a targeted nature-based creative health intervention designed to support young people through group and one-to-one work. It provides access to up to 6 months of therapeutic arts-based approaches to learning, skill development and personal growth in a pressure-free, relaxing, informal, safe outdoor environment in Backwell, North Somerset.

These sessions are **FREE** and we will provide all art materials, refreshments, and support with travel to and from the site. To find out more or to make a referral for a young person, please email Jess Baum jess.creativeshift@gmail.com.



**Bristol, North Somerset
and South Gloucestershire**
Integrated Care Board

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