

creative **Roots**

FREE Arts and Nature-based Wellbeing
Programme for 11-15 year olds

Wednesdays

10am-12pm

Starting 16 September 2026

Backwell, North Somerset

Struggling with your wellbeing and school?
Do you like being in nature and getting creative ?
Do you want to develop new skills and have fun?

Join us for 18 relaxed and supportive sessions at The Homeland Project*.
Contact Jess jess.creativeshift@gmail.com to find out more.

*All art materials, refreshment and travel to and from the site provided.



**Bristol, North Somerset
and South Gloucestershire**
Integrated Care Board

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